

# Noho Ana ke Akua

*Oli Pale*

Chant of Protection used in Monthly Earth Meditation

[KarinnaNielsen.com](http://KarinnaNielsen.com)

Noho ana ke akua i ka nahelehele  
I ālai ‘ia e ke kī’ohu’ohu, e ka ua koko  
‘O nā kino malu I ka lani, malu e ho e  
E ho’oulu mai ana ‘o Laka i kona mau kahu  
‘O mākou, ‘o mākou nō, ‘o mākou nō, ae

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The god resides in the thick vegetation  
That is hidden by clinging mist and the low lying rainbows,  
O beings sheltered in the heavens, shelter us continuously  
*Laka* will confer growth on her caretakers  
‘Tis we, ‘tis we indeed, ‘tis we indeed

(*Laka* is the goddess of hula, nature and the forest.)

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*Mahalo to Mahinakū for the text and translation of the chant of protection used in the Monthly Meditation for Mother Earth. More info at [KarinnaNielsen.com](http://KarinnaNielsen.com)*